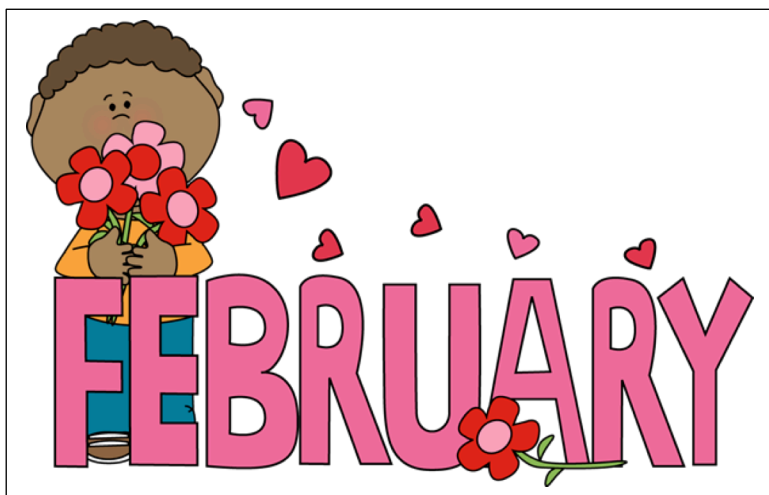


## **Neighbor to Neighbor**

Feb 5 - Mar 2

For information call  
262-4215



### **Mondays Open 9:00 - 4:00**

Make jewelry, learn to knit or crochet, read your favorite novel, bring your project you haven't had time to work on, or just come to visit

2:00- 3:00 ~~ Chair Yoga with *S. Jean*.

**Any woman is welcome to join the 1 hour Chair Yoga sessions  
on Mon & Fri at 2:00 // Wed at 1:00**

### **Tuesdays Open 9:00 - 4:00**

9:30 - 11:30 ~~ Children's Play Group upstairs

9:30 - noon ~~ *Sandra Detrixhe* assists with sewing projects

*Ann B.* teaches knitting;

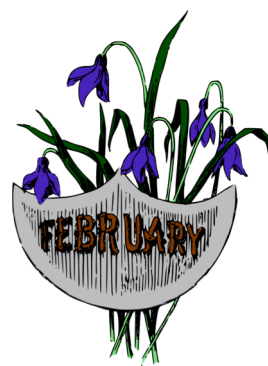
*S. Ramona & Myrna* teaches the art of jewelry-making,  
and many other creative projects.

### **Wednesdays Open 9:00 - 4:00**

9:30 - 11:30 ~~ Children's Play Group upstairs

1:00 - 4:00 ~~ Painting with *S. Ramona*

1:00 - 2:00 ~~ Chair Yoga with *S. Jean*



### **Thursdays Open 1:00 to 5:00**

1-5 ~~ Baking Class with *Theresa Peltier*

1-4 ~~ Painting class with *S. Ramona*

### **Fridays Open 9:00 - 4:00**

**2<sup>nd</sup> Friday of the month is Reading with Friends 10—11:30...closed in the p.m.**

Activity for the day: knit/crochet, make jewelry, play games, read,  
or just be present.

2:00 - 3:00 ~~ Chair Yoga with *S. Jean*